## DigitSock<sup>TM</sup> Supplemental Solution Helping Hand Hygiene



Please begin by following current CDC, WHO, FDA, OSHA, workplace, or facility guidelines and recommendations.

DigitSock<sup>TM</sup> then adds a physical barrier that is antimicrobial, comfortable to wear and simple for one to normally perform ADLs.

## Implementation Steps:

- 1. Point of access or exit single site at each location, outside location preferred
  - a. Single use alcohol square, alcohol dispenser, or handwashing (follows current guidelines or practices),
  - b. Instruct wiping skills and recommended guidelines of hand hygiene
  - c. Physical removal similar to washing hands or alcohol rub in between fingers, circumferentially
  - d. Allow to dry with hands elevated
- 2. DON in (Do one now). Individual will acquire DigitSock<sup>TM</sup>
  - a. No touch visual of putting on gloves by WHO see graphic
  - b. One hand at a time pull up to forearm
  - c. Touch your finger to your thumb. Adjust
  - d. Repeat on opposite side
- 3. Mask or eyewear in. Touch mask or eye guards with gloved hand...not bare hands.
- 4. In facility, no changing of gloves or removal of mask.
  - a. Repeat Step a and b if using restroom facility or exposure event occurs.
  - b. Staff still use reusable or single use PPE gloves or perform hygiene per CDC or WHO guidelines
- 5. DON out.
  - a. Visual instruction on proper glove removal. Teach skill for all patients/visitors to limit exposure
  - b. Grab outside about ½ inch or 2 cm from end of glove on the forearm side
  - c. Pull over so that the inside is turned out
  - d. Next, hold the inside of removed glove and repeat step 5b and 5c on opposite glove
  - e. Fold together if needed
- 6. Drop into hamper to be washed and reused

Contact <u>support@digitsock.com</u> or 307.349.5004 for free consultation to develop, refine, and simplify hand hygiene protocols and provide a 'barrier for your business.'